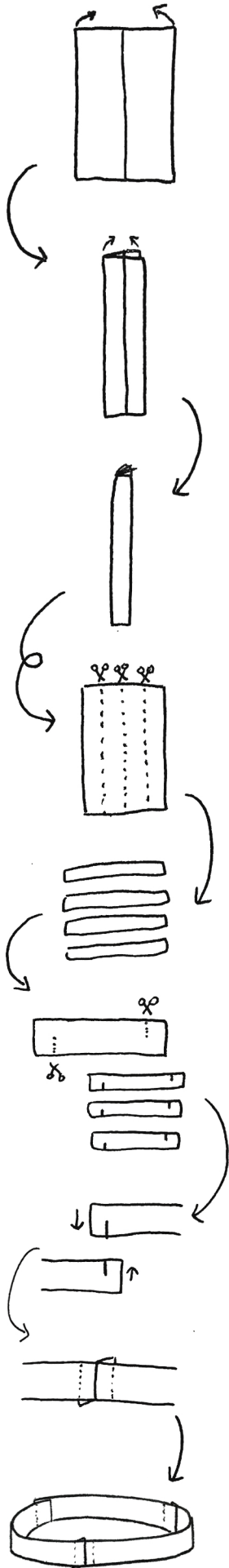


Make-it-Yourself Matt's Headband Instructions



Fold in

Fold in again

Unfold

Cut at the fold lines

Look at what you hear

Cut halfway down the
opposing sides so that the
ends can come together

Put two ends together

Make sure the
connection is secure

Repeat connections until
your headband fits snug
against the pointy part of your
skull and your forehead